

3 Year Old—Rainbow

June 12, 2019



Bible Story: Naomi & Ruth

Ruth 1 & 2

Main Point: I will be a good friend

Faith Word: Share

Bible Words: "A friend loves at all time"
Proverbs 17:17 NIV

A Good Friend Puts Others First

Lesson Activity Supplies

- Welcome activity
- Ball
- Bible
- Sink or float supplies
- Tub of water
- Friend cards
- Pizza box
- Paper
- Glue sticks
- Crayons
- Stickers
- Felt hearts to add to potato friend

Welcome...the children and invite them to the tables to do the welcome activity.

When they are done they can go to the exploration centers located throughout the room. (See "Exploration Ideas" in your resource packet)

Friendship Circle

Put out the carpet circles and have the children join you on the floor for friendship circle.

Supplies—ball

SAY Hello friends, I'm so glad that you are here again today! it's time for our friendship song! Remember to stand up when I call your name.

(To the Tune of Ten Little Indians)

**"I know a girl/boy whose name is _____
Stand up _____, Sit down _____
Because Jesus loves you!"**

ASK What was you looking forward to today at Bible camp?
What was our Bible story was about yesterday?
How can you be a good friend today?

SAY Today we are going to learn more about how to be a good friend like Jesus. So let's start by getting to know more about our green rainbow friends.

DO Roll the ball to a friend and then have them answer one of the following questions.

- Favorite thing about VBC
- Favorite food
- Something you are good at
- Someone we could pray for

SAY This week we are on a special mission to be good friends just like Jesus was. So far we have learned that we should use our eyes to be on the lookout for someone who needs a friend. And we should use our ears to listen to our friends and stick with them even during the hard times. I cannot wait to see what we learn about being a good friend today!

End in Prayer Ask if any of the children would like to say a prayer, if not lead them in this prayer and have them repeat after you.

Show me Jesus, how to spend this day
Sharing your love, in every way
Help me be kind, to everyone
To play and laugh, and have lots of fun! Amen

IF TIME...Play a friendship game. Resources and ideas are included in your packet.

Exploration Time

Gather the children around the tables. and one leader should put on the lab coat and turn into Professor Frenda.

Supplies — Bible, sink or float experiment (tub with different items), Friend cards

SAY Hello boys and girls, it's me, Professor Frenda and I am back to teach you another very important lesson about friendship. Today I have a fun game we're going to play called Sink or Float. You might notice that I have gathered some items here on the table next to this tub of water. *(Point.)* I'm going to hold up each item and I want you to give me a thumbs down if you think it will sink in the water or give me a thumbs up if you think that it will float in the water. *(Hold up each item and listen to their predictions.)* OK, what do you think? Let's see if you're right.

DO Point out the tub of water and the items. Talk about each item and let the children decide if they think each one will sink or float. Once they've made their predictions, let each child take a turn selecting an item and placing it in the water.

SAY Isn't that amazing! Now let's talk about being friends—sometime we are great friends and sometimes we are not. Let's take a look at these pictures and give me a thumbs up if you think they are being good friends or a thumbs down if they are not being good friends.

DO talk about each picture and decide if they are being good friends or bad friends.

SAY Great job friends! Jesus taught us to be good friends and to put others first. Alright, who is ready to join the friendship train—when I tap your shoulder come and join our friendship train.

DO Sing the following song as you tap children on the shoulder and have them join your friendship train. Have them follow you around the room and end up in a circle where there is some space.

(sing to the tune of Mary Had a Little Lamb)

**Will you be a friend of mine, friend of mine, friend of mine
Will you be a friend of mine, then come and join our train.**

SAY Who is ready to be good friends today? (me) Everyone grab the friends next to you hands. And let's say our friendship cheer

DO Say the following friendship cheer and have the children repeat each line.

Friends care	<i>(cross hands over heart)</i>
Friends share	<i>(reach hands out with palms facing up)</i>
We need friends	<i>(put hands down to sides)</i>
Everywhere!	<i>(jump up in air with arms raised)</i>

Small Group Exploration

Creation Center—Potato Friend Home

Supplies — pizza boxes, paper, glue sticks, crayons, stickers, hearts for Potato Friend

SAY Ruth decided to be a good friend and go and live with Naomi in her home. Let's be good friends and make a home for our Potato friends.

DO Give each child a box and set out the decorating supplies on the tables. Encourage them to decorate the outside of the box. When they are done have them place their Potato friends in their new box homes and then give them a heart to stick to their Potato to remind them that a good friend treats others with love.

TALK ABOUT...Who are some of your friends? How can you show love for your friends?

Game Center — Friendship Line Up

SAY Jesus wants us to be good friends and treat our friends with love. Let's play a game where we have to work together with our friends.

DO Divide the kids up into one or two lines with a potato friend at the end of the line. Have the child at the back of the line pass it to the child in front of them until it gets to the front of the line. Then have the person at front of the line walk to the back of the line with potato and start again.

To change it up you can have them pass it specific ways like through their legs or over their heads.

SAY Great job working together with your friends! A good friend loves his friends and treats them nicely.

Sink or Float Experiment for Preschoolers

What you'll need for a sink or float activity

- waterproof toys and household items (see suggested items below)
- a container to do the experiment in (plastic tub, basin, pot, bucket etc)
- Beach towel to put under water container



How to do an educational sink or float experiment

Start off by collecting the items for your experiment. If you give your kids a list of things to collect, this part of the activity can be a [fun little scavenger hunt for your kids](#).

Fill a tub or bucket with lukewarm water.

Before adding your objects to the water, ask your children to predict which objects they think will sink and which will float.

In a classroom, this can be done by a show of hands in favor of an item sinking or floating. If you're doing this activity with a large group, it can be fun to have a tally beside each item to indicate each child's hypothesis.

Now, have the kids drop the objects, one by one, into the water one observe what happens.

Once all of the items are in the water, **you can extend the activity by giving the kids drinking straws** to blow the floating items around. This is a fun way to teach children about [kinetic energy](#) as the air they blow through the straw propels the floating items forward.