

3 Year Old—Rainbow

June 13, 2019



Bible Story: Friends in the Fire

Daniel 3

Main Point: I will be a good friend

Faith Word: Love

Bible Words: "A friend loves at all time"
Proverbs 17:17 NIV

A Good Friend Helps Their Friends

Lesson Activity Supplies

- Welcome activity
- Ball
- Bible
- Dancing Rice Experiment Supplies
- CD Player & CD
- Chenille stems
- Pony beads
- Masking tape
- Feet pieces to add to Potato Friend

Welcome...the children and invite them to the tables to do the welcome activity.

When they are done they can go to the exploration centers located throughout the room. (See "Exploration Ideas" in your resource packet)

Friendship Circle

Put out the carpet circles and have the children join you on the floor for friendship circle.

Supplies—ball

SAY Hello friends, I'm so glad that you are here again today! it's time for our friendship song! Remember to stand up when I call your name.

(To the Tune of Ten Little Indians)

**"I know a girl/boy whose name is _____
Stand up _____, Sit down _____
Because Jesus loves you!"**

ASK What are you looking forward to today at Bible camp?

What was our Bible story was about yesterday?

Did you do something nice for a friend?

SAY Today we are going to learn more about how to be a good friend like Jesus. So let's start by getting to know more about our green rainbow friends.

DO Roll the ball to a friend and then have them answer one of the following questions.

- Name of your best friend
- What do you want to be when you grow up?
- Favorite dance move (teach the others)
- Something you are thankful for

SAY This week we are on a special mission to be good friends just like Jesus was. So far we have learned that we should use our eyes to be on the lookout for someone who needs a friend. We should use our ears to listen to our friends and stick with them even during the hard times. And we should use our heart and treat others nicely. I cannot wait to see what we learn about being a good friend today!

End in Prayer Ask if any of the children would like to say a prayer, if not lead them in this prayer and have them repeat after you.

Show me Jesus, how to spend this day
Sharing your love, in every way
Help me be kind, to everyone
To play and laugh, and have lots of fun! Amen

IF TIME...Play a friendship game. Resources and ideas are included in your packet.

Exploration Time

Gather the children around the tables. and one leader should put on the lab coat and turn into Professor Frenda.

Supplies — Bible, dancing rice experiment supplies, CD Player & CD

SAY Hello boys and girls, it's me, Professor Frenda and I am so excited to be back with you to teach you another very important lesson about friendship. For today's experiment I have some rice and a cup of water. That might not sound very exciting but let's take a look.

DO Add 1 Tbs of baking soda into the cup and stir. Add 1/4 cup uncooked rice. Add 2-3 Tbs of white vinegar. Watch the rice dance in the water.

SAY Isn't that amazing! Did you know that rice can dance. And so can we with our friends!

DO Turn on some music and have a fun dance party. Then sit back down.

SAY Now let's talk about being a good friend. A good friend will help a friend when they need it. Just like the cup of rice needed the vinegar to stand up and dance. Give me a thumbs up if you can be a good friend! Great job friends! Jesus taught us to be good friends and helps others in need. Alright who is ready to join the friendship train—when I tap your shoulder come and join our friendship train.

DO Sing the following song as you tap children on the shoulder and have them join your friendship train. Have them follow you around the room and end up in a circle where there is some space.

(sing to the tune of Mary Had a Little Lamb)

Will you be a friend of mine, friend of mine, friend of mine
Will you be a friend of mine, then come and join our train.

SAY Who is ready to be good friends this week? (me) Everyone grab the friends next to you hands. And let's say our friendship cheer

DO Say the following friendship cheer and have the children repeat each line.

Friends care	<i>(cross hands over heart)</i>
Friends share	<i>(reach hands out with palms facing up)</i>
We need friends	<i>(put hands down to sides)</i>
Everywhere!	<i>(jump up in air with arms raised)</i>

DO Line up at the door and move to Bible story time located in the hallway between B131 and B132. A leader will be there to greet you and will tell the children the Bible Story.

Praise & Worship Time

Small Group Exploration

Creation Center—Friendship Bracelets

Supplies — chenille stems, pony beads, masking tape

SAY We learned that a good friend will stand up and help their friends. Let's make a special gift to give to a friend or two.

DO Give each child a chenille stem and place the pony beads out on the table. Thread the beads on the stem being sure to leave enough room to twist the ends of the bracelet together. Use the masking time to write their name and attach to each bracelet. Each child can make as many bracelets as they would like.



TALK ABOUT... Who are you going to give your bracelet to? How can you or have you helped a friend?

Game Center — Into the Circle of Fire

Supplies—feet pieces for Potato friends

SAY Jesus wants us to be good friends and help our friends when they need it. Let's play a game where we are up and on our feet.

DO Have the children gather in a circle sitting on the floor. Say a statement and if it is true for them stand up and step into the circle with their other friends. Then go back to their seats.

- If you like to dance come be a friend in the circle
- if you can ride a bike come be a friend in the circle
- if you have a sister come be a friend in the circle.
- if you have a dog come be a friend in the circle.
- if you have ridden on a boat come be a friend in the circle.

SAY Great job friend! Don't forget that a good friend helps in time of need. Let's add some feet to our Potato friends to remind us to stand up and help our friends.

IF TIME... Play a game with the Potato Friends. Give them a directions and have the child and their potato do the action. For example....jump up and down, spin around 3 times, toss Potato friend in the air and catch them.

Dancing Rice Experiment

Materials Needed

- White Vinegar
- Baking Soda
- Rice
- Clear Container
- Water with food coloring



How To

1. Fill the Clear container 3/4 Way Full Of Water. If desired, mix in food coloring.
2. Add in 1 TBS of Baking Soda and Stir. Mix completely.
3. Add in 1/4 Cup Of Uncooked Rice.
4. Add in 2-3 TBS of White Vinegar.
5. Watch the rice dance.

